

Hari Om

Vedanta Sadhaka Course 2024-2025

Tentative Curriculum

Upanishads	
1	Kathopanishad
2	Ishavasyopanishad
3	Kenopanishad
4	Kaivalyopanishad
5	Mundakopanishad
6	Mandukyopanishad
7	Taittiriya – Shishyanushasana

Bhagavad Gita	
All the 18 chapters	

Prakarana Granthas	
1	Sadhana Panchakam
2	Bhaja Govindam
3	Tattvabodha
4	Atmabodha
5	Upadesha Sara
6	Panchadashi Ch 5
7	Manisha Panchakam
8	Dakshinamurti Stotram
9	Introduction to Indian Philosophical Systems: A: Bharatiya Darshanas B: Schools of Vedanta
10	Chinmaya Mission Pledge

Satsangs	
1	Meanings of Panchasuktas
2	Narada Bhakti Sutra
3	Hanuman Chalisa
4	Stotras from Book of Hymns
5	Life and Mission of Saints
6	Sankshipta Bhagavata
7	Mukundamala
8	Sankshipta Ramayana
9	Shiva Mahimna Stotra
10	Sanatana Dharma Parichaya
11	Sadhana Sopan: Manashodhanam, Jnanasara, Dhyanasvarupam, Bhaktisudha

Video Sessions	
Narada Bhakti Sutra – Puja Guruji Kaivalya Upanishad – Puja Gurudev Upanishad Ganga And so on	

Chanting	
1	Panchasuktas
2	Ganapati Atharvashirsha
3	Various Sahasranama

Sanskrit – To read and write and basics of grammar	
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Learning Sadhanas – Puja, Japa, Dhyana, Havana, and so on	
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